

Read & Ride Rules

Show good friendship skills

- Read silently to let everyone else read without any distraction.
- If you want to ride the same exercise bike as someone else, be fair by doing "Rock-Paper-Scissors" to decide who gets to ride it.

Demonstrate integrity

- Tell your teacher if something breaks or isn't working correctly.
- Keep a good attitude and read while you ride.

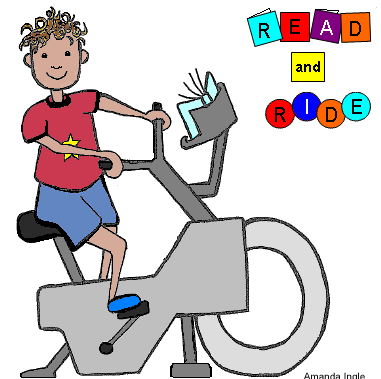
Be safe

- Walk to your exercise bike.
- Line up quietly when the time is up.
- Put trash in the trash can and neatly return your magazine to its box.

Work hard

- Concentrate while you read. Stay focused.
- Pedal hard to get stronger!

www.ReadAndRide.org



Amanda Ingle